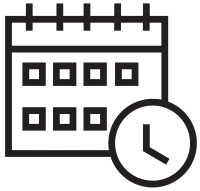


Tener Compasión por Nosotros Mismos:

Guia Para Ayudar a Evitar El Agotamiento de Padres



MIERCOLES, 08 DE ENERO, 2025
9:00 AM - 10:00 AM



CENTRO DE PADRES - WELCOME CENTER
LEGACY HIGH SCHOOL



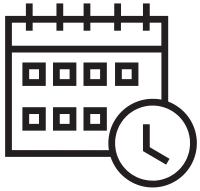
NO PUEDES ASISTIR EN PERSONA?
UNETE A TRAVES DE ZOOM
ID DE LA REUNION: 686-460-0020

Facilitado Por: Legacy PSW's
Mr. Flores, Ms. Paz, Mrs. Ochoa, Y
MS. Alegria (Mental Health
Consultant)



Having Compassion for Ourselves:

Guide to Help Avoid Parental Burnout



WEDNESDAY, JANUARY 08, 2025
9:00 AM – 10:00 AM



PARENT CENTER – WELCOME CENTER
LEGACY HIGH SCHOOL



UNABLE TO ATTEND IN PERSON?
JOIN US VIA ZOOM
MEETING ID: 686-460-0020

Facilitated By: Legacy PSW's
Mr. Flores, Ms. Paz, Mrs. Ochoa, &
MS. Alegria (Mental Health
Consultant)

